



8<sup>th</sup> Annual Report 2015-16





## About Bhavishya Bharat

Bhavishya **Bharat** not-for-profit is a organisation having expertise implementing integrated social development programmes, corporate social responsibility (CSR) activities and planning, execution and evaluation of local area development programmes (LADP) for corporates and government agencies. It aims at promoting integrated and inclusive development through social, economic and



environmental interventions.

Bhavishya Bharat is working in the southern, central and north eastern regions of the country in the fields of five thematic areas – basic healthcare, education, social infrastructure (common property resource) development, sustainable livelihood and disaster risk reduction.



Annual Report 2015-16



Mr K Padmanabhaiah Chairperson



Lt Gen Hari Prasad (Retd) Managing Trustee



Dr Nageshwar Reddy Trustee



Prof Shantha Sinha Trustee

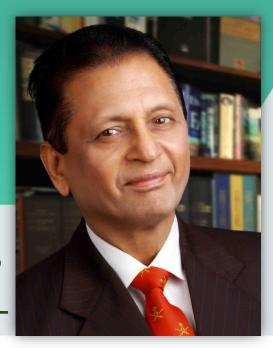


Mr Sanjay Patra Secretary/ Treasurer



# From the Desk of the Managing Trustee

Lt Gen Hari Prasad (Retd) PVSM, UYSM, AVSM, VSM



Dear Friends,

It's our privilege to share Bhavishya Bharat's eventful journey in the eighth year. Its activities have had a significant impact on communities since its inception and this momentum has continued in 2015-2016. We are happy to share our Annual Report which include many insights from the grass roots. During this period Bhavishya Bharat has created tangible impact through community engagement as mandated by the Relief and Rehabilitation (R&R) Committee under the Local Area Development Programme (LADP) of Teesta Urja HEP III. Our key partner Teesta Urja Limited has continuously provided us support. Furthermore, our comprehensive planning and focus to implement the interventions has significantly transformed the lives of the communities in nine project villages of North Sikkim.

Bhavishya Bharat continuous efforts in the execution of the integrated development activities have paid handsome dividends, especially interventions such as community access to primary health care, providing quality education to children, building capacities to enhance livelihood opportunities and other social development programmes which include creating infrastructure and social assets.

Keeping in view of Sikkim's local farming paradigms and recent recognition as India's first fully organic state, we have promoted and motivated the community to cultivate large cardamom by establishing nurseries to cover all project villages. In addition, the community was trained to prepare and use of organic manure and vermicompost, make eco-friendly dustbins through traditional weaving method and enhance mushroom production by promoting new technique of replacing paddy straw with locally available sawdust and maize husk. Innovative farming practices encouraged group farming to optimize yields and resources as well.

Initiation of tuition center for the students of 5th to 10th standards from different schools is another successful intervention of Bhavishya Baharat. Coming to Swachh Bharat Abhiyaan, we ensured the active participation of communities by forming village level committees. Eco-friendly dustbins were placed on the entire stretch of road from Mangan to Chungthang to keep the premises clean. On the recommendation of community, Cattle health camps were organized



at regular intervals. These initiatives not only created an impact, but also helped our outreach to communities and it was much appreciated. We firmly believe the present approach of holistic development is the way forward to transform the lives of the community. In our journey towards inclusive social development in other geographical areas we have allied with Government of Andhra Pradesh, Bharat Dynamics Limited (BDL), International Crops Research Institute for the Semi-Arid Tropics (ICRISAT) and Tata Institute of Social Sciences (TISS) for further intervention in mutually agreed locations. It is useful to align our approach with multiple stakeholders to create a significant impact on society.

Our heartfelt thanks to Teesta Urja Limited and the Government of Sikkim for their continuous support and cooperation. It has enabled us to implement our interventions related to integrated community development throughout the year. Our utmost strength is our community; with whom we have continuously engaged to achieve Bhavishya Bharat's vision, mission and values.

Jai Hind! Date 19 July 2016

Lt Gen Hari Prasad (Retd)

PVSM, UYSM, AVSM, VSM

Managing Trustee Bhavishya Bharat





#### Foreword

It is a matter of great pleasure to know that Bhavishya Bharat is bringing out its Annual Report, 2015-16 which will highlight its various initiatives, the implementation of which, has helped to augment the happiness index in the lives of the people living in the regions of North District, Sikkim covered by Teesta Stage-III Hydro-Electric Project.

Bhavishya Bharat has been organising various health camps in coordination with local Government Primary Health Centres; they have been building social infrastructure such as medical centres, community centres, e-learning centres, water purification plants, water supply projects, school buildings/hostels; they have been extending scholarships for deserving as well as economically disadvantaged students; initiated livelihood schemes such as mushroom cultivation, cardamom seed distribution, setting up of tailoring training centres and several such social development activities.

All these public welfare oriented initiatives have benefitted the denizens of the project area immensely.

I, on behalf of North District administration, appreciate the good work done by Bhavishya Bharat and extend my best wishes to them.

Sonam Topgay Tashi, SCS

Sub-Divisional Magistrate, Tsunthang



#### Foreword

It gives me immense pleasure to write a few lines in the Annual Report of Bhavishya Bharat.

I, on behalf of local people of Shipgyer-Ramom convey our appreciation to the organization for implementing integrated social development programmes for welfare and sustainable development of the people under Local Area Development Programmes of M/S TEESTA HEP-III 1200MW, Sikkim Project.

Bhavishya Bharat has been actively involved in the ground for rendering health-care services, education, livelihoods and social infrastructure development.

On the eve of its Annual Project Report 2015-16, I extend my best wishes to Bhavishya Bharat for all the success in their future endeavours and looking forward to see continued good work.

With Regards,

onip Gyar, Ramon G.P.U. Georgiu, Naven Sikidon

Dawa Doma Lepcha
Panchayat Vice President
Shipgyer-Ramom GPU
Dzongu, North Sikkim



# Acknowledgement

The interventions of Bhavishya Bharat have been possible due to the active support of agencies, institutions and individuals providing financial assistance, technical guidance and support in implementation. We are thankful for their contribution and continuous support.

#### **Our Special Thanks to:**

























# **Executive Summary**

Bhavishya Bharat has a splendid year with intensive focus on organic farming, cardamom cultivation, support and help to farmers through training on scientific cultivation. Furthermore, it has facilitated Self-Help Groups in achieving self-sufficiency to establish and operate micro enterprises. Also, it has contributed to enhance skills and capacities of youth and children through innovative learning processes. Apart from this Bhavishya Bharat has successfully taken care of people of old aged to lead their normal life in the society.

Bhavishya Bharat utilized the opportunity to access the inaccessible people assisting them to meet their basic needs and to improve their living conditions through integrated and holistic development of the communities it works with. Sustainable development of communities is the central focus of all our activities. Our responses were both immediate and long-term, as we ensured the interests of local communities.

We are happy that our expertise in planning, innovative interventions, integrated community development approach has been enlightening the living standards in the Project Villages (PVs) as reflected in the practices of communities. At the same time, we also made important strategic decisions for future growth in the PVs and neighbourhood areas. We draw our greatest inspiration from the resilience, innovation and ambition of the communities we work with. It is the unfailing tenacity of the people themselves that will help us to bring about the changes needed to improve the living conditions.

#### **Summary of Sikkim Project Report**

The Sikkim project report details the Bhavishya Bharat's activities which have delivered significant achievements against the programmes that were planned at the beginning of the year with regard to Community Healthcare, Education, Livelihood and Social Development.

In our primary health care programme, medical facilities were provided to 4,270 cases through mobile OPDs (Out Patient Department), clinic OPDs and specialized health camps in the Gram Panchayats Units (GPUs).

As regards education, a total over 32,000 visits have been made to the eight knowledge centres by the students. Provisioning of facilities like tuitions, indoor and outdoor games, newspaper, magazine and library have made these centres a lodestar for students. A total of about 30,300 visits were recorded in all eight e-Learning centers.

Shiksha Yatan Tuition Center was initiated with a vision for the enhancement of knowledge through quality education technique among students particularly in Science, Mathematics and English subjects. The main focus was to facilitate children from class 5th to 10th to get a quality education after the school hours. As part of Tuition Center, e-Learning software made available to the students along with

the subject reference books and guidebooks. Faculty will be available for clarification of doubts. The center is equipped with multimedia presentations for removing boredom. The other regular activities include mock tests, group discussions, extracurricular activities, quarterly health check-up and conducting parent and faculty meeting on a monthly basis.

As part of livelihood programme under Mother's Enterprises (Known as the Amosa Atil), women have taken up mushroom cultivation, poultry, piggery and pisciculture to improve their household income. In addition to these activities, members of Amosa Atil are also involved in maintaining the UV water plants at Singhik and Chungthang.

During the reporting period, two batches of 6 months long tailoring course was conducted in the Vocational Sewing School at Kazor. The successful trainees in the course were awarded with diploma certificates after the due assessment.

As Sikkim became the India's first fully organic state, this exhilarated the efforts of Bhavishya Bharat to achieve sustainable agriculture development in North Sikkim. In the reporting period Bhavishya Bharat livelihood team organized various training programmes and demonstrated the process of seed treatment, application of manure to the crops/plants and preservation process by preparing and application of organic manure.

Around 58,800 cardamom sucker plants were distributed to 196 farmers in 2010, yielded about 3,500 Kgs of dry capsules in the year 2015.

Series of vaccination cum awareness programmes on Cattle Health Care was organized in the project villages, where free medical consultation and medicines for household cattle were provided.

Monthly rations were supplied to the Sahyog (Support-an-aged) beneficiaries in this activity year. A total of 18 elderly people are getting support through this programme.

Bhavishya Bharat proactively engaged with the Government of India's flagship programme, 'Swachh Bharat Abhiyan'. It's a mission for a cleaner India to outspread in our Project Villages. This initiative is a massive cleanliness drive to ensure proper hygiene and cleanliness to improve quality of life of the communities. A total of 65 Eco-Friendly dust bin were placed to the stretch from Mangan to Chungthang to facilitate the community and visitors to dispose the wastage and to keep the streets and villages clean.

The construction works of Mani Lakhang in Theng, Gumpa Kitchen in Saffo and Gumpa Kitchen in Ramom has been commenced and the foundation work is in process. More details are given in the Social Development report.

Bhavishya Bharat received loads of appreciation from the villagers, representatives of the Panchayats, Government officials, TUL and media. Their continued support helped us to sustain our enthusiasm and assurance to continue our efforts.



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# Organisational Overview



"Improve the quality of life of communities through holistic and integrated social development, thereby enabling communities to become self-reliant."

Mission

"Provide sustainable opportunities to improve health, education, livelihoods and gender equity."

# Organisational Overview

Bhavishya Bharat envisages integrated and holistic development of communities it works with, especially the underprivileged and marginalized people living in high infrastructure expansion areas. Sustainable development of communities is the core focus of all its activities.

#### **Objectives**

- To carry out, run, establish, sponsor and maintain charitable activities viz., Livelihood, educational activities, social work activities, thrift programs, saving programs and creative activities.
- To establish, maintain, assist, Improve, otherwise support both directly and indirectly educational institutions, programs to provide academic, technical and vocational education and trainings at all levels to provide assistance to needy individuals.
- To run, sponsor or assist in literacy, numeracy and other educational and training programs for people of all ages, including setting up of libraries and development of knowledge capabilities.
- 4. To undertake all kinds of rescue, relief resettlement and rehabilitation programmes at the time of natural and other calamities as well as to attend to the needs of those affected by industrialization and infrastructure development activities undertaken by both governments and

private parties.

- To establish and maintain all kinds of homes and institutions for the benefit of disadvantaged children, old people, students, homeless persons and trainees.
- 6. To plan and implement all kinds of development programs for welfare development of rural and urban areas like drinking water, sanitation and infrastructure development etc.
- 7. To collaborate and cooperate with government and non-governmental organizations to undertake a programme on common problem relating to any socio economic development, particularly in rural areas.
- To undertake programmes aimed at raising people's awareness on environment issues and channelize their awareness into action programmes that help in protecting the environment/ecology.
- To establish, maintain, assist improve and otherwise support both directly and indirectly medical institutions and programs including but not restricted to hospitals and diagnostic center, dispensaries' and other health institutions, both mobile and fixed urban/rural areas.
- 10. To establish, run, maintain all kinds of schools, Technical centers, Research and development centers and institutions in urban / rural areas.

- 11. To take up such activities of general, public utility not involving any activity for profit.
- 12. To set up blood banks and eye banks on the basis of voluntary donations.
- 13. To do all necessary things for and incidental or conductive for the attainment of the above objectives of the Trust, including but not restricted to hiring personnel and consultants, entering into alliances and agreements of cooperation, soliciting and bids for Funds from government and companies.

The objects of the Trust shall be beneficial to all, irrespective of caste, creed or religion.

#### **Structure and Governance**

Bhavishya Bharat is Chaired by Mr. K Padmanabhaiah, former Home Secretary, Govt. of India and is governed by an eminent Board of Trustees. The day-to-day activities of the trust are administered by the Managing Trustee, Lt Gen Hari Prasad (Retd), former Commander-in-Chief, Northern Command, Indian Army. A group of experienced professionals assists the Managing Trustee in operationalizing the planned activities.

#### **Board of Trustees**

Name of Trustees	Occupation
Mr K Padmanabhaiah - Chairperson	Former Home Secretary, Govt of India
Lt Gen Hari Prasad (Retd) - Managing Trustee	Former Commander-in-Chief, Northern Command, Indian Army
Dr Nageshwar Reddy - Trustee	Chairman, Asian Institute of Gastroenterology
Prof Shantha Sinha - Trustee	Professor, Hyderabad Central University and Former Chairperson, National Commission for Protection of Child Rights
Mr Sanjay Patra - Secretary/ Treasurer	Executive Director, Financial Management Service Foundation

# Interventions in Sikkim Project

#### Livelihoods

# Social **Development**

#### **Healthcare**

- Mobile OPD
- Clinic OPD
- Medical Camps
- AwarenessCamps

#### **Education**

- Knowledge Centres
- e-LearningCentres
- Shiksha Yatan
   Tuition Centre
- Sponsorship Programme
- Other Events and Activities

- Mothers'Enterprise
- Facilitation to Farmers
- Facilitation to SHGs
- Nursery and Multiplication Plot

- Infrastructure Development
- Sahyog
- Swachh Bharat Abhiyan
- Commemoration of Special Days

#### **Interventions in Sikkim**

Bhavishya Bharat is entrusted with responsibilities of undertaking Corporate Social Responsibility (CSR) activities outlined in the Local Area Development Programme (LADP) under the Environmental Management Plan of Teesta Stage III (1200 MW) HEP, North Sikkim.

An agreement to this effect was signed between Bhavishya Bharat and Teesta Urja Limited in 2008. Subsequently, Bhavishya Bharat undertook a comprehensive area and activity plan study consisting of extensive field visits to all nine Gram Panchayats covered under the project, consult with village representatives, meetings with members of Panchayat Raj institutions and discussion with various Government officials at the district level. Based on the extensive field work, a detailed action plan was drawn and presented during the second meeting of the rehabilitation and resettlement (R&R) committee held on 15th December 2008. Following approval of the plan by the R&R committee, Bhavishya Bharat has been implementing the approved plan in the Project Villages (PVs). The social development agreement between Bhavishya Bharat and Teesta Urja Limited has been extended upto 31 March 2014 or completion of the project, whichever is later.

The project essentially consists of four core programmes:

- Healthcare
- Education
- Livelihoods and
- Social Infrastructure Development

These programmes are intended to achieve integrated development leading to the empowerment of tribal communities in the nine PVs.

In addition, an agreement was entered into with National Bank for Agriculture and Rural Development (NABARD) for formation and strengthening of 100 Self-Help Groups in North Sikkim district in a span of three years.

The ensuing section of this report covers the progress of activities and major accomplishments of the four thematic programme areas for the reporting period April 2015 to March 2016.

**Mobile OPD** 

Clinic OPD

**Medical Camps** 

Awareness Camps



















Primary assessment was carried out in the Project Villages (PVs) by the experts and extensive field visits by the staff helped Bhavishya Bharat to draw the overall implementation plan for its programmes.

the analysis and per assessment of the PVs in regards to healthcare revealed the following: some of the common diseases found in the villages include project hypertension, alcoholic liver diseases, cardiomyopathy, TB, acute respiratory infection and anaemia among men, women children. and Hence the implementation strategy included among others, formalizing collaboration with District Health Department, Mangan in which Bhavishya Bharat would play the role of

enabler of the health services rather than undertaker, working out an MoU to involve the existing Public Health Sub Centers (PHSCs) and their staff to provide quality medical services to the project villages, supplementing necessary infrastructure and human resources, support to fill gaps in service delivery systems and functions, and formulating a health advisory committee to transparency ensure and accountability.

The major accomplishments until the last reporting (up to March 2015) in healthcare programme involve:

 Inauguration of community health scheme of Bhavishya Bharat by Honorable Chief Minister of Sikkim, Dr.

#### The Key objective of Bhavishya Bharat's

Healthcare Programme is to provide comprehensive quality primary medical care for people in the Project Villages.

### Bhavishya Bharat provides quality medical care to the remote project villages at their door step through Mobile Medical Unit (MMU)

#### Pawan Kumar Chamling;

- Organizing specialized medical camps in project, nearby areas and schools, including Immunization programmes, in collaboration with the State Government and other institutions providing health care;
- Organizing awareness campaign on contagious diseases, maternal and child health as well as HIV and AIDS;
- Provision of state-of-the art Mobile Hospitals and doorstep mobile OPD facilities in remote Villages;
- Adoption of standard treatment guidelines and complete medical profiling in nine PVs;

- Blood grouping test organized for all school children in nine PVs;
- Development of information system of healthcare management;
- Construction and upgradation of PHC/PHSCs;
- Provision of emergency kits at select project villages;
- Referral of secondary/tertiary care patients to Specialty Hospitals;
- Provision of Customized software to record medical profiles of the patients who visits Singhik Clinic. It also helps to know unique visits and re-visits to the clinic.







#### Progress during the reporting period

#### **Mobile OPD**

Mobile OPD (MOPD) reaches the doorstep of villagers who are otherwise not connected to any clinic. Besides, the mobile OPD also goes around in other project villages and Bhavishya Bharat supported hostels and vocational training institute with pre-scheduled plans.

During the reporting period, 44 mobile OPDs were conducted at Safoo, Kazor, Pegong, Ramom, Shipgyer and Theng. These visits enabled the Bhavishya Bharat health team to attend 942 cases, covering 420 males and 522 females.

The table below details the village wise break-up of cases handled by mobile OPDs.

Out of the 942 cases handled

by the mobile OPDs, 398 cases are reported in the third quarter of the reporting year, i.e. Oct to Dec 2015 which is highest during the reporting period.

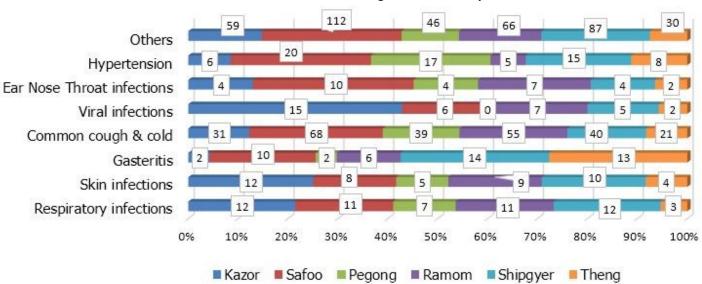
Within the total attended cases, about 19 percent were under five years of age, 27 percent were between six and eighteen, 23 percent were between nineteen to forty years, 19 percent were between forty-one to sixty years and 12 percent were above sixty years table below of age. The presents the gender wise of segregation the age categories of cases handled by mobile OPDs for all locations.

The predominant ailments treated by the mobile OPDs in

Dhaviding Dhave  Mobile OFD  Motion Company  Management  Management  Motion Company  Motion Co

Table −1 Total Number of Cases Handled by Mobile OPD						
Location	MOPDs Conducted	Number of Cases Handled				
	Conducted	М	F	(M+F)		
Kazor	7	57	84	141		
Safoo	8	113	132	245		
Pegong	7	50	70	120		
Ramom	7	79	87	166		
Shipgyer	8	80	107	187		
Theng	7	41	42	83		
Total	44	420	522	942		

#### Share of ailments among PVs attended by MOPD



the year are common cough and cold, gastric, respiratory, skin and viral infection. These five ailments together account for 49 percent of ailments treated by mobile OPDs in the project villages.

Significantly, another 38 percent were also treated for other ailments involving injuries, wound allergy, fits BP, insect bites, immunization, joint pains, vomiting and headache. The remaining 15 percent of the cases were treated for hypertension and ENT.

The detail score of cases were treated for a different ailment is given in the above chart. Village wise Analyses: Safoo, Shipgyer, Kazor and Ramom together had a share of 78 percent of the total cases treated by the mobile OPDs from 30 visits; Safoo alone had 26 percent in 8 visits. The remaining 22 percent of the cases were treated at Pegong and Theng. As regards the age group category, of the 251 cases of 6 to 18 years' category, 106 were treated at Safoo and Ramom that is a whopping 42 percent of the entire mobile OPD villages in the category. Compared to the other MOPD villages, Safoo recorded the highest number of cases with 245 cases for the total of 942 cases.

Table 2 Village wise details of cases handled by MOPD April 2015- March 2016							
\			Age Group	)		T	
Village	0-5	Jun-18	19-40	41-60	61 & Above	Total	
Kazor	18	47	41	17	18	141	
Pegong	61	56	45	56	27	245	
Ramom	24	39	19	15	23	120	
Saffo	38	50	37	33	8	166	
Shipgyer	36	42	47	37	25	187	
Theng	6	17	32	20	8	83	
Total	183	251	221	178	109	942	





#### Clinic OPD

Bhavishya Bharat introduced the out-patient clinics to offer basic medical services in the vicinity of PVs by qualified medical practitioners.

The clinics at Singhik and Ramom helped to treat 3,122 cases, including 1,673 males and 1,449 females from April 2015 to March 2016. As many as 365 cases visited in the clinic in July 2015 alone, which accounts for the highest numbers of visitors in a month for the reporting period.

As regards cases treated pertaining to the age group, 18 percent are in the category of 0 -5 years, 26 percent are about 6-18 age group, 35 percent are in the age group of 19 -40 years, 16 percent are between 41 - 60 years and 16 percent

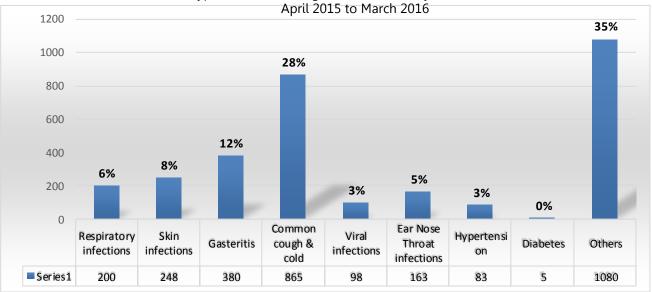
are above 60 years of age.

The table below presents the gender wise breakup of the cases treated pertaining to their age group.

The most reported and attended ailment at Singhik and Ramom clinics during the reporting period is common cough and cold and the least reported is diabetes. The ailment analysis of both mobile and clinic OPDs shows similar trends as regards the nature of ailments: As in the case of mobile OPD, the five predominant diseases reported and attended at the clinic OPD are common cough and cold, gastric, skin, respiratory infections and ENT infections. These accounted for 59 percent of the total ailments. About 35 percent of the cases were also

Table 3 Age category of cases handled by Clinic OPD from April 2015 to March 2016									
0-5	Yrs	6-18	6-18 Yrs 19-40 Yrs 41-60 Y		0 Yrs	61 Yrs & Above			
М	F	М	F	М	F	М	F	М	F
277	279	455	360	588	513	268	221	85	76
55	556 815 1101 489 161						51		
3122									

#### Types of common segments attended by the Clinic OPD



attended for other ailments involving injuries, wound allergy, fits BP, insect bites, immunization, joint pains, vomiting and headache. The remaining 6 percent were viral infection, hypertension and diabetes. Diseases wise cases reported at clinic OPD in the reporting period are presented in the above chart.

#### Clinic Software:

Clinic Software helps to maintain a patient visit record of the Singhik clinic in the digital format. It helps to generate unique visits of the patients along with the re-visits in a particular month. The patient database helps to refer reports immediately and help to decide on a course of treatment.







#### **Medical Camps**

Bhavishya Bharat conducts general and specialized medical camps in the project villages by deploying the experienced medical practitioners from time to time. In the span of the one year, five such camps were conducted at different locations, which include two general health camps and three dental and eye camps. A total of 206 villagers availed the health camp facilities. The village wise details who attended the

medical camps is given in the table 4.

Of the total patients, 36 percent belonged to the age group of 19- 40 years, which is highest among other age groups. The chart on the next page presents the age wise category of patients at medical camps organized in 2015-16.

The medical camps offered facilities of different tests and treatments for different ailments. Treatments were

Table 4					
<b>Details of Medical</b>	Camp from April 2015 - March 2016				

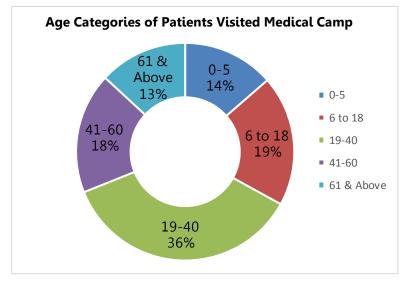
Nature of	f camp	Date	Place	No. of Participants	Details of Doctors
Eye & Dent	tal Camp	28 Oct 2015	Shipgyer	20	Dr Dechen Mangan Hospital & Mr.Sachin Pradan
General	Camp	28 Oct 2015	Shipgyer	61	Dr Arnab Misra
Eye & Dent	tal Camp	30 Oct 2015	Ramom		Dr Dechen Mangan Hospital & Mr.Sachin Pradan
General	Camp	20 Jan 2016	Singhik	42	Dr Arnab Misra
Eye & Dent	tal Camp	20 Jan 2016	Singhik		Dr Dechen Mangan Hospital & Mr.Sachin Pradan

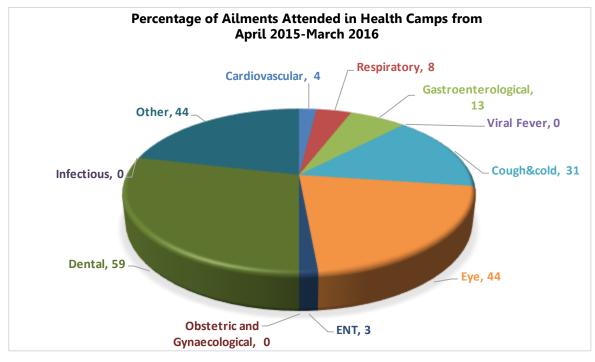


given for the following ailments in the reporting period:
Cardiovascular, Respiratory,
Gastroenterological,
Cerebrovascular, Loco Motor, Ear,
Nose and Throat (ENT), Obstetric
and Gynaecological and Other
Infectious ailments.

Cough & cold, infectious ailments,
Gastroenterological and
Respiratory were among the top

diseases handled in the two general medical camps.







# The second secon

# Health Awareness Programmes

Bhavishya **Bharat** organized several health awareness programmes in the project villages, wherein, health team interacted with the participants and provided the necessary information on personal hygiene, domestic hygiene, family planning, communicable diseases and diabetes. They also highlighted that most of the ailments like waterborne

diseases can be avoided with healthy home practices.

In these sessions Bhavishya Bharat medical team screened the documentaries and provided Information cum education materials to the participants.



#### OPD

1,08,925 Cases attended in Clinic OPD

7,464 Cases attended in Mobile OPD

#### Health Camps

**4,716** cases attended in General Health Camps

2,107 cases attended in Dental and Eye Camps

## Profiling

Medical Profiling for **3,344** persons Pathological test for **2,327** persons X-Ray for **500** persons Diabetic test for **1,064** persons Blood Grouping of **328** students in schools

#### Awareness Camps

Personnel Hygiene Water Sanitation Hygiene Cancer, Swine flu, Dengue Intoxication

# Education

**Knowledge Centres** 

e-Learning Centers

Sponsorship Programme

**Tuition Center** 

Other Events and Activities

















# **Education**

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The primary objective of the education programme is to enhance the standard of education the project in villages improving by infrastructural facilities schools, reduce dropouts, skill up-gradation of teachers and strengthening school management committees and village education committees in the project villages.

Bhavishya Bharat is committed to strengthen the infrastructural and institutional mechanisms for achieving a higher percentage of enrolment of children of age group of 6 to 14, retention of the enrolment, provide residential scholarship for needy children, improve capacities

of school management committees and conduct trainings for teachers.

The major accomplishments until the last reporting (up to March 2015) in education program involved:

- Sponsorship programmes for needy children;
- Support for improving school infrastructure and playgrounds;
- Provision of hostel facilities for students (it enables to achieve paradigm improvement curriculum performance, communication skills and extra- curricular activities of students staying in the hostels);

The main objective of Bhavishya Bharat's Education programme is to Improve the learning processes of the children in Project Villages.



- Establishing and facilitating knowledge centres in the project villages;
- Launch of e-learning centres to provide computer literacy, access to IT-based communications and platform for children to develop analytical skills, aptitude and personality;
- Organizing skill enhancement programs for strengthening s c h o o l m a n a g e m e n t committees;
- Initiation of tuition centre with a vision for the enhancement of knowledge through quality education technique among students particularly in Science, Mathematics and English subjects.

Organizing events of national and global importance (Independence Day, Republic Day, Environment Day, Teachers Day, Children's Day and Hand washing Day etc.)





# **Education**



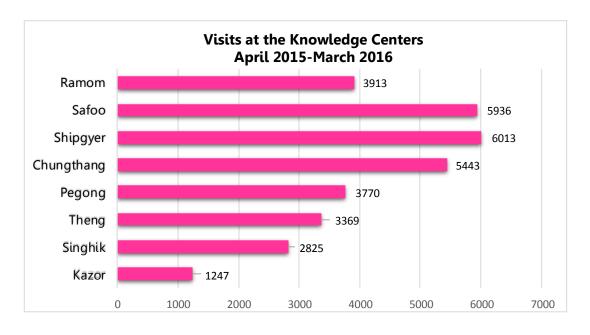
## Progress during the reporting period

### **Knowledge Centre**

Knowledge centre is a place for the children in the project villages to get tuitions in all subjects for students studying from class one to all days except Sundays. The centre has a collection of books, drawing, coloring materials, articles, magazines and technical documents that provide a range of developmental information for the It is also community. platform where people can come to learn and to share information. The centre is also equipped with indoor and

outdoor games facilities. It aims to reduce the knowledge gap and improve awareness levels among rural communities. The centre incharge engages the children through guiding and facilitating the activities of the centre.

During the reporting period, spanning from April 2015 to March 2016, there was a total of 32,516 attendances were reported in the eight Knowledge Centres. Wherein Shipgyer recorded 6,013 visits. It is highest among other centers.



### Bhavishya Bharat undertakes periodical feedback surveys

Among the primary participants to assess the outcomes of the programme and enhance service delivery.

The chart in the previous page details the cumulative visits at each centre during the period April 2015-March 2016.

Major activities of the knowledge centres during the reporting period includes organizing tuitions and weekly tests, facilitation of indoor and outdoor games, newspaper, magazine and dictionary available for reading and reference, provision of drawing books, pencils, crayons, chart papers and sketch pens and organizing painting, sports and games competitions.

It was observed that apart from the villagers of PVs, non-locals and monks also visit the knowledge centres and make use of the facilities. The habit of reading newspapers and referring to the dictionary has been improving gradually among the villagers.







# **Education**



### e- Learning Centres

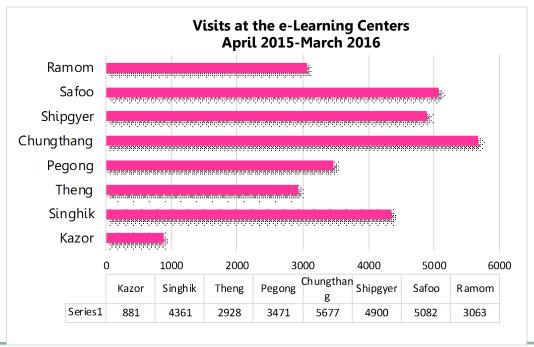
e- Learning Centre is a place for kids from five to twelve years of age for fun and learning. The e-learning portal at the PVs host lessons for classes one to ten in various subjects including Mathematics, English, Science, Social Science, Physics, Biology and Chemistry. It also has 'Game' sections that have rhymes, children's stories and fairy tales, multiplication tables, and moral stories in form of colorfully the animated pictures and words.

The total number visits recorded during April 2015 to March 2016 in all the eight

centres are 30,353. The highest visits recorded in Chungthang Centre with 5,677 visits.

The visits have been increased to 15% when compared to the previous year. The yearly average shows that about 16 students have been visiting the Shipgyer centre every day. The visits by the students have been made both before and after the school hours.

The chart below presents the centre wise total visits recorded in the reporting year.



# Residential Sponsorship Programme

A total of 70 children from the Project Villages have been supported by Bhavishya Bharat's sponsorship programme. Among the sponsored children 26 are studying at Singhik Secondary School (SSS) and 44 are studying at the North Sikkim Academy (NSA), Mangan.

As per the requirement, Singhik Secondary School (SSS) hostel renovation works initiated in the reporting period to facilitate students to live comfortably. Along with the renovation works, bed rolls, Book racks, chairs, mosquito nets, mattress, Sanitary items were provided. The motivational posters related to hygiene practices and inspirational thoughts were placed to inculcate the manners. The new name, 'Hamro Ghar' given to the hostel for the sense of responsibility among the hostel students.

The sponsored children are from class one to tenth standard. In comparison with the previous years, it is observed that the sponsored students have fared better in the

current academic year in all subjects.

In the final term examinations held in December 2015, all the students passed the exams with good grades. Master Norbu Lepcha (from SSS) got the highest marks with 73 percent and Ranina Lepcha (from NSA) got 72% in tenth class board exam.

Other regular activities such as monitoring progress of students at SSS and NSA, organizing quarterly health checkups (eye, dental and general) at hostels for the sponsored students and regular visits to supervise cleanliness of hostels, food quality and students' health and hygiene were also carried out in the reporting period.

# Feedback on Sponsorship Programme

The quarterly feedback on the hostel facilities at Singhik Management Committee (SMC) and NSA was done in the month of January 2016. A total of 67 sponsored students participated in the feedback survey. The survey questionnaire had a total of 14







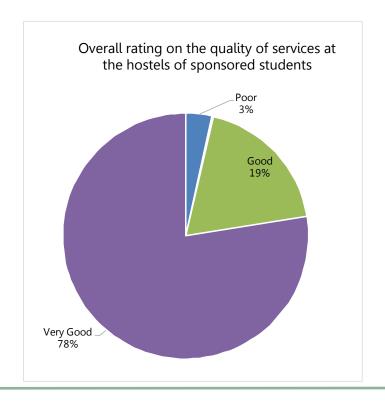
# **Education**



questions - five on the facilities available at the hostels and nine on the quality of services provided at the hostels.

As far as the feedback on available facilities at the of hostels. most the respondents reported that the cleaning of hostel was done on a daily basis. With regards to checking of quality of services in the hostels by Bhavishya Bharat staff and the cleaning of bed sheets is done on weekly basis.

The feedback also involved questions related to quality of food, cleaning of bathroom and kitchen, availability of electricity/ emergency light, qualities and behaviour of warden and project staff of Bhavishya Bharat. Overall, 78 percent of respondents rated the quality of services as very good, 19 percent rated as good and remaining three percent as poor. The below chart presents the overall rating of quality of services at the hostel.





### **Shiksha Yatan Tuition Center**

Shiksha Yatan Tuition Center has been initiated with a vision for the enhancement of knowledge through quality education technique among students particularly in Science, Mathematics and English subjects. The main focus is to facilitate children from class 5th to 10th to get a quality education after the school hours.

As part of Tuition Center, e-Learning software made available to the students along with the subject reference books and guide books. Subject teachers were made available for clarification of doubts. The center equipped with multimedia was presentations for removing boredom. The other regular activities including tests, group discussions, mock extracurricular activities, quarterly health check-up and conducting parent and faculty meeting on a monthly basis.

In total 75 students registered at the center in the current academic year. .

### **Feedback on Tuition Center**

The quarterly feedback on the Shiksha Yatan Tuition Center was done in the month of November 2015. A total of 29 students participated in the feedback survey. The survey questionnaire had a total of 16 questions - seven on the facilities available at the hostels and nine on the quality of teaching at the Center.

As far as the feedback on the facilities available at the centre, most of the respondents reported that the cleaning of the centre was done on a daily basis. With regards to checking of the quality of services in the centre by the Bhavishya Bharat staff majority of the students responded that it is done on a daily basis.





# **Education**

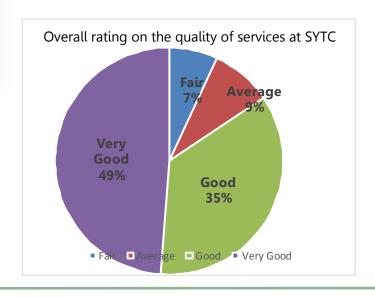


The feedback also involved questions related to the quality of teaching and availability of electricity/ drinking water, emergency light, qualities and behavior of Teacher and project staff of Bhavishya Bharat. Overall, 49 percent of respondents rated the quality of services as very good and 35 percent rated as good. The chart 5 presents the overall rating of quality of services at the hostel.

# Other Events and Activities Games Competitions

Competitions helps children to learn at a faster rate and perform at a higher level. Games Competitions teaches them to bring best effort, manage nerves, take calculative risks, play by rules goal setting. In the knowledge centers the children are allowed to play their interested games in the presence of center in-charge.

The games competitions such as Chess, badminton, balancing, ludo, volley ball, carom board, Dance, Musical chair, Fancy Dress competition and Balloon were organized in the project villages of Shipgyer,



Kazor, Chungthang, Pegong, Saffo, Theng, Singhik and Ramom in the reporting year. A total of 350 enrolled students of knowledge centers were participated in these games. Winners of each competition were felicitated with prizes.

### **Painting Competitions**

Painting competitions were organized for the purpose to Inculcate art to children has a number of benefits ranging from improving creativity to increase self-confidence. During these painting competitions, many inspirational themes were assigned to students which includes 'my 'fruits village', 'family', and vegetables' and 'environment' etc.

The painting competitions organized in the knowledge centers at Kazor, Theng, Singhik, Ramom, Shipgyer, Saffo, Chungthang and Pegong A total 106 of students participated in the competitions

and Winners of each competition were felicitated with prizes.

### **Documentary Screening:**

Bhavishya Bharat Education Team Screened documentaries related to social awareness such as Swachh Bharat Abiyaan, personal hygiene and parenting at Singhik, Safoo, Shipgyer, peygong, theng, Chungthang, Kazor and Ramom. About 114 children and parents participated in the screening. After the screening, team facilitated the discussions to know the feedback. **Participants** appreciated screened films and requested to organize such programme more often.

### **Inter-Lhoric Competition:**

Inter-Lhoric Rhymes Competitions was organized in Pegong, Safoo and Singhik dated 21, 22 and 23 March 2016 respectively. Registered students of Lhoric centers enthusiastically participated in the competition. Winners of







# **Education**

these competitions were felicitated with prizes.

### **Teachers Training:**

**Teachers** capacity building workshop was organized at Tenga Government Secondary School, Chungthang on 28 March 2016. Subject expert Mrs Dola Majumber facilitated the programme. The topics discussed during the sessions are classroom management and special attention to the Slow Learners and Learning Disability students. Teachers of the school actively participated in the programme.

### **Periodic Health Checkup:**

The routine Health checkup organized at Singhik Secondary School (SSS) and North Sikkim Academy (NSA) periodically. Students gone through the health checkup by the medical team of Bhavishya Bharat. The only major complaint of the students was of cold and cough, other than that, no major health issues were reported in these camps. The First Aid box provided to both the Hostels.





# Accomplishments so far ...

December 2008 - March 2016

# **Knowledge Centre**

- 8 Centres
- 1,47,857 Visits
- Tuitions
- Indoor / Outdoor Games
- Library Facility



# e-Learning Centre

- 8 Centres
- 1,26,528 Visits
- Customized digital classes
- Kiosk setup for easy access



# **Sponsorship Support**

- 72 Sponsorships every year
- · Residential facility
- Recreation
- Periodic Health Check-up



# **Extra- Curricular Activities**

- Specialized Tuition Center
- Hygiene Education
- Public Speaking
- Drawing Competitions
- Career counseling
- Documentary Screening



**Mother's Enterprise** 

**Support to Farmers** 

Facilitation of Self-**Help Groups** 

**Cattle Health Camps** 

**Centre for Organic Farming** 



















North Sikkim is a hilly terrain that limits the scope of agriculture production. However, the terrain best suits for cultivation of variety of horticulture, cardamom, mushroom and fruits. Cardamom, fondly called as the Queen of Spices is cultivated here widely to the extent that Mangan is hailed as the cardamom capital of the world. It is also a better place to cultivate vegetables, fruits and cash crops.

assessment has been conducted by the expert team of Bhavishya Bharat to plan economic development initiatives to improve earning capacities of families in the PVs through income generation activities combined with systematic planning and series of ground

-trothing activities.

The assessment came up with the following suggestions: activities such as vegetable cultivation, promotion horticulture (revival of cardamom) and livestock (poultry, cattle, ducks, turkey and goats), promotion of dairy and milk cooperatives, promotion of petty trades (vending, sale of vegetables and other goods), facilitation vocational for training services (driving, electrical and electronics rent and repairs), processing of pickles and promotion of bamboo craftwork. Bhavishya Bharat extended both technical and financial supports for these livelihood activities. -

The major accomplishments of livelihood programmes in the past include:

The key objective of the livelihood programme is to revive agriculture and sustainable livelihood approaches and improve economic conditions of the under privileged farmers.



- Strengthening livelihood opportunities and promotion of agricultural enterprises;
- Promotion of local livelihoods through formation and strengthening of SHGs and Farmers Clubs;
- Promotion of organic farming in cash crops like cardamom and ginger;
- Supporting agriculture and horticulture production with participatory research and development planning;
- Mobilizing multi stakeholders (NABARD, Indian Council of Agriculture Research (ICAR), **Spices** Board, Cooperative societies of horticulture, agriculture and animal husbandry for income generation activities;
- Initiated vocational sewing school to promote livelihood

- opportunities for the unemployed women in the project villages;
- Organizing residential youth training camps for selections in paramilitary forces and police;
- Animal health care and awareness camps by expert veterinary doctors in all PVs;
- Established UV water plants in Singhik and Chungthang to overcome the problem of water borne diseases in the project villages. Maintenance of these plants is given to the Amosa Atil (Mothers' Enterprise) members to encourage their entrepreneurial skills.







## Progress in the reporting period

### **Mother's Enterprise**

The local name for Mother's Enterprise is 'Amosa Atil'. The main purpose of this initiative is to revive the local economy and to make livelihoods more sustainable within the villages. Mother's Enterprise involves a group of women from the same village who are interested in taking up livelihood activities with the support of Bhavishya Bharat.

Bhavishya Bharat has formed Mother's Enterprise in each of the PVs. The major activities of Mother's Enterprises include poultry, floriculture, pisciculture and animal husbandry.

### **Mushroom Cultivation**

Amosa Atil members encouraged to take up the mushroom cultivation on a regular basis for generating good revenue. The livelihood

team trained the members and monitored the mushroom cultivation in the project villages. The team promoted an indigenous technique in mushroom cultivation by replacing paddy straw with sawdust and maize husk which is abundantly available in North Sikkim, as well as costeffective. This technique is developed by the Bhavishya Bharat team.

### **Poultry Cultivation**

Bhavishya Bharat procured 500 numbers of chicklets from Indian Council of Agricultural Research (ICAR), Gangtok on subsidized rate and distributed to the 20 self-help groups in the Shipgyer village. Livelihood team conducted awareness sessions at their residence intending Chiclets. Preparation of Feed for chicklets was

demonstrated during these visits.

The team also made visits to beneficiary homes to verify the growth rate of the chicklets which was distributed earlier. The chicklets are growing healthily and nurtured well. Beneficiaries selling the eggs in the local market to fetch revenue. The team suggested beneficiaries to feed chicklets with cooked food, boiled water and cover sheds to protect from the night cold. The team also suggested placing a high voltage bulb in the poultry shed to provide necessary heat during the winter season. The team screened the documentary on poultry farming to the members of amosa atil for better productivity.

**Maintaining UV Water Plants** 

Amosa Atil members are also involved in maintaining the UV water plants in Singhik and Chungthang. They supplied about 3,400 litres of

processed water to the households in the reporting period at a reasonable price. The Amosa Atil members and Water Management Committee members are mobilizing the villagers to use the processed water to avoid biological contamination which is the main cause for water borne diseases in the project villagers. They are also pursuing new opportunities to sell the processed water to the tourists.







### **Vocational Sewing School**

The Vocational Sewing School was initiated to train the aspirants in stitching the garments. The school is affiliated to USHA International Ltd, Kolkata.

The tailoring course for the third batch was successfully completed during the reporting period. As part of Six months tailoring course, theoretical regular and classes practical were conducted as per syllabus, for the selected trainees. The trainees were taught the of technique the measurement of cloth before preparation of any outfits. Grafting, cutting, stitching of shirts. Kurtis, frocks pajamas were taught in the

reporting period. Internal exams were also conducted to evaluate the trainee's performance.

The final assessment test was conducted for the trainees by the representatives of USHA International Limited, Kolkata and it is under valuation by the examiners. On the occasion of International Women's Day, a special event was conducted to handover the diploma certificate from USHA International Ltd for the successful candidates of the second batch.

The livelihood team consulting with Panchayat and villagers to select the candidates to commence the fourth batch of six months tailoring course.



### **Support to Farmers**

Government of India recognized Sikkim as India's first fully organic state. The present achievement of the state exhilarated the efforts of Bhavishya Bharat to achieve sustainable agriculture development in North Sikkim. In the reporting period Bhavishya Bharat livelihood team organized various training programmes and demonstrated the process of seed treatment, application of manure to the crops/plants and preservation process by preparing and application of organic manure

### **Facilitation to Farmers Club**

Farmers Clubs (FCs) are the platform for the group farmers of particular village to discuss and enhance their knowledge to improve their livelihood opportunities. Bhavishya Bharat facilitated formation of the farmers' clubs in the PVs for mutual learning and sharing. Bhavishya Bharat team coordinates regularly with the FCs for implementing the initiatives. Following activities were undertaken during the reporting period.

### **Revival of Large Cardamom**

The large scale disease made cardamom plants of traditional variety dead like epidemic in entire Sikkim. Bhavishya Bharat took the challenge to reviving large cardamom and distributed 58,800 cardamom sucker plants of disease free variety to the farmers of PVs in the year 2010. Following to demonstration of methods systematic plantation, the team of **Bharat** has been Bhavishya monitoring the growth cardamom plants regularly and suggesting the better cropping methods time to time.

Each distributed plant has the yielding potential up to 15 years. In the present year, it is estimated that, about 3,500 Kgs of dry large cardamom harvested









with those plants. The table 5 details the cardamom yield in the last three years.

During the regular visits to the cardamom fields, the team provided technical assistance to the farmers for proper procedure of arranging shade tree for cardamom plantation, disposal of diseased leaf, making canals for irrigation time. during summer mulching at the base of cardamom plants with uprooted weed plants to maintain the soil moisture and temperature. As requested by the farmers' club members, demonstration was given to the farmers on how to cardamom maintain the quality during the drying process at Zero-Point nursery. The team also encouraged the farmers to use flue pipe curing Bhatti to get better market price.

Livelihood team of Bhavishya Bharat coordinated with the officials of Spices Board regional office team and facilitated them to visit the fields of farmers in the project villages to collect the first hand information in order to process and release subsidy grant for the nursery and replantation of cardamom.

### **Promotion of Horticulture**

Bhavishya Bharat promotes horticulture cultivation by timely support to obtain various vegetable seeds and by providing technical guidance on systematic cultivations to the farmers of PVs.

Bhavishya Bharat coordinated

Table 5 Large Cardamom Yield Data		
Year	Dry Capsule (Kg)	
2013	1,700	
2014	3,400	
2015	3,500	

with the state horticulture department to obtain vegetable seeds of cucumber, chilli, lady finger, coriander, tomato, okra, bottle gourd, carrot and radish a subsidized rate and at distributed in the project Along with villages. the vegetable seeds, hand spray is also distributed to the farmers and provided awareness on management of horticulture crops.

The team encouraged the farmers to cultivate early variety and late variety vegetable crops for better land usage and visited the vegetable fields in the project villages to impart trainings on improved methods of cultivation. The expert team visited the project villages of Kazor, Pegong, Ramom, Safoo, Shipgyer, Singhik and Theng provided handholding and training in the preparation of organic manure by using farm waste to control pests and plant diseases.

With the support of the State agriculture department, Bhavishya Bharat distributed, concentrated organic manure, 'Madhyam packets' in the North Sikkim. The team distributed these packets during the training and suggested the procedure to use They also trained the participants and demonstrated the process of seeds treatment and preservation by preparing and application of organic manure. The table 6 details the village wise distribution Madhyam **Packets** the to farmers/groups. The farmers were advised to apply a mixture of manure and soil at the plant base so that the plants will get sufficient nutrients to bear fruits.



Azolla Cultivation in Nursery

Table 6 Distribution Details of Madhyam Packets			
Sl.	Name of PV	Packets Distributed	
1	Kazor	4	
2	Pegong	13	
3	Ramom	23	
4	Safoo	39	
5	Shipgyer	26	
6	Singhik	9	
7	Theng	9	
	Total	123	





# Facilitation of Self-Help Groups

Bhavishya **Bharat** has facilitated formation of women SHGs in all the PVs and provided regular support for the monthly meeting of the Self-Help Groups (SHGs). Members gather, discuss the issues and save money for financial their security. Trainings were also provided to the members to maintain their groups and to record their financial transactions.

As part of the thrift and credit programme, the SHGs have been involved in savings and inter-loaning activities. The existing seven SHG groups (As reported in the last year) were merged with the NABARD SHG groups and the total SHGs raised to 18 groups in the project villages.

The total savings generated by eighteen SHGs is Rs. 1,18,465 during the reporting period and the total of Rs. 45,500 has been circulated among members for the inter loaning purpose. The cumulative net savings of all SHGs up to March 2016 is Rs.2,76,600 and the net cash in hand is Rs. 28,148. The table 7 details the savings during the reporting period



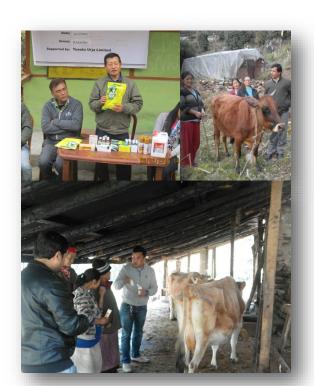
and total net savings of SHGs of PVs.

As per agreement with NABARD (Sikkim), Bhavishya Bharat mobilized 100 SHGs in North Sikkim District. Among these 83 SHGs linked with the Banking institutions. cumulative savings made by these groups as of March 2016 was Rs.7,79,299 and loans availed was Rs.7,88,000. The below table presents the details of savings by each of the SHGs.



	Table 7				
Savings by SHGs for the Period April 2015-Mar 2016					
Sl.	Name of SHGs	Village	Savings April 2015 – Mar 2016	Total Savings as on Mar 2016	
1	Kursong	Singhik	2800	2,148	
2	Kingchum	Singhik	5950	7,214	
3	Panda	Singhik	9440	3,177	
4	Azoom	Singhik	6550	9,089	
5	Konglo	Theng	7785	12,622	
6	Punol	Pegong	35020	21,821	
7	Kursong Rip	Pegong	9750	23,105	
8	Bob Kyoung	Chungthang	4600	18,727	
9	Gurash	Chungthang	5000	4,521	
10	Denzong	Chungthang	4500	47,724	
11	Sangmar	Shipgyer	5400	5,974	
12	Rebun	Shipgyer	400	4,400	
13	Morok Mongking Chu	Shipgyer	2320	42,311	
14	Kongchenchu	Shipgyer	2750	35,785	
15	Seven Sisters	Saffo	4200	10,384	
16	Romboo	Saffo	7300	7,360	
17	Rummoo	Saffo	4200	11,346	
18	Miyal Quen	Ramom	500	8,892	
	Total		1,18,465	2,76,600	





## **Cattle Health Camps**

series of awareness programmes on Cattle Health care was organised in the villages of Saffo, Shipgyer, Kazor, Pegong, Chungthang, Ramom, Singhik and Theng during the reporting year. The programme is organised in association with the District Veterinary Hospital, Mangan. During these camps, around 900 castles were treated by expert veterinary doctors and free medicines were provided. Details of the Cattle health care camp has given in the table 8

In addition, awareness session also conducted for cattle owners about the significance of livestock health. The veterinary team visited door to door for examining the cattle rearing conditions and necessary suggestions were given to the villagers.

# Centre for Organic Farming

Bhavishya Bharat developed nursery plot where plants are propagated and grown to usable size. This is also a place to provide practical

Table 8 Cattle Health Care Camp Details			
Sl	Village	Cattle Examined	
1	Saffo	103	
2	Shipgyer	134	
3	Kazor	114	
4	Singhik	150	
5	Theng	120	
6	Pegong	115	
7	Chungthang	67	
8	Ramom	98	
	Total 901		

trainings to the farmers' group members to understand modern technologies in the cultivating various crops.

During the reporting period, conservatory of medicinal plants was established in Nursery plot. Nakima plantation was carried out in the conservatory. Phytosanitation work was done per requirement. Germplasm accession of large cardamom was collected from Ramom, Dzongu and Saffo and planted at Zero Point with Nursery fourteen replications. Collected germplasm belongs to Ramsey cultivar. Training was given to the farmers of Ramom on large cardamom production technology and plantation managements at Zero Point nursery. Secondary nursery on guava and Orange orchard prepared at the Zero Point Nursery.

Regular like works watering, maintenance of pesiculture and organic manure preparation with madhyam was made for use in the farm. Nursery seed beds were developed in zero-point nursery. gladiolus Cardamom, bulb, Black turmeric and tomato were sown in the developed nursery beds for multiplication purpose. Uprooted diseases affected plants and burnt it completely. Bamboo sprinklers and irrigation channels was developed in the multiplication plot.



# Voices from the ground

# Interview with Ms. Kakit Lepcha



I, Kakit Lepcha born and brought up in Safoo village, North Sikkim. Ours is a large family. My husband is a farmer. I choose social service sector out of my passion. Presently, working as a Livelihood Assistant in Bhavishya Bharat. My major responsibilities include formation and strengthening o f self-help groups entrepreneurship development amongst women in and around North Sikkim. It's an opportunity for me to help fellow members of my locality to stand on their own feet.

My Village, Saffo is in very remote location at an altitude of about 2,000 meters, above the sea level. It's a challenge for every one of us to get

higher education. Because the school in Saffo village is an upper primary school and to pursue further in nearby places is utmost difficult due to regular road blocks and time constraint. So after the Class VIII, I stayed in a residential hostel to complete secondary education. And I did Class XII through distance mode.

As I came from a remote location where there is no accessibility of newspaper and the library, we don't know much about the development activities at the other side. Initially Bharat offered Bhavishya community organizer position for the Saffo village which helped me to learn the new skills in participatory approach for community development. As a community organizer I used to coordinate with the villagers of Saffo and Bhavishya Bharat project team in organizing Mobile OPD, Health camps, Sports and Cultural events, village cleaning programmes and other programmes



of Bhavishya Bharat including Knowledge Center and e-Learning Programmes for the greater participation.

**Bhavis**hya Bharat observed my work <u>enth</u>usiasm hard and and promoted me to the core programme team where I learnt technical and managerial skills to perform my duties. It made possible with the support of my colleagues in Bhavishya Bharat. Now I gained enough confidence to talk and represent before any authority.

At present, we helped to form about 75 groups with more than 600 women in North Sikkim District. To take these experiences further Bhavishya Bharat has given me another opportunity to represent the organisation in the national level seminar organised by Spices Board at New Delhi. It's a great pleasure for me to attend the seminar in the National Capital of India. I never went beyond Siliguri to travel other places of India. So, I never imagined that I may travel to the capital city for With the continuous any purpose. support of Bhavishya Bharat I overcome the fear and hesitation and represented in Delhi. As part of field exposure, I also travelled to Kerala to visit Spices Board nurseries and laboratories.



With all the experiences I understood that everyone can prosper in life with hard work and dedication. Here I am sharing my life story to build confidence among our community and convey the message that everyone have opportunity to prove in life. Bhavishya Bharat livelihood programmes like SHGs, Vocational Training School, UV water treatment plants, Agriculture, Horticulture and Cardamom promotion, Poultry farming and mushroom cultivation are designed such a way that rural folk can be empowered economically. For example, residential training program for sections in police and paramilitary forces which meant for youngsters of project villages is a great opportunity to get into the Government jobs, if they committed to succeed in life.

We express our sincere gratitude to Bhavishya Bharat and Teesta Urja Limited for the perpetual support in uplifting the living conditions in our areas.

# Social Development

Infrastructure Development

Sahyog (Support-an-aged)

**Social Awareness Activities** 

**Commemoration of Important Days** 

















# **Social Development**





comprehensive socioeconomic profiling of the project villages identified the and micro macro level development issues. Accordingly, plans were drawn, in consultation with all stakeholders viz., villages, Panchayats, Government officials and the Rehabilitation and Resettlement (R&R) committee to develop community infrastructures like renovation of Schools. Gumpas, kitchen at Gumpas, Hostel or transit accommodation and to promote local arts, craft and cultural activities.

# Objective of Social -Infrastructure programme

To promote traditional culture, structures, handicrafts and craftsmanship by supporting civil societies like

the SHGs, youth clubs and Panchayats.

Major accomplishments in the past were:

- Developing infrastructure facilities such as community centres and common resource properties;
- Promotion of indigenous arts and crafts;
- Organising events on important international days to uphold human development and promote awareness;
- Promotion of safe drinking water in remote households;
- Provision of gym for local youth;
- Sponsorship for sports, cultural programmes and environmental heritages;
- Promotion of social and cultural harmony in project areas;
- Ensuring gender equity.

Micro and macro level infrastructure development plans for the people of project villages, drawn up after consultation with villages, Panchayats, Government officials and R&R committee.

# Progress of Infrastructure Development Works

The civil works of Singhik Secondary School Hostel and PHSC Building has been completed and electrification is in progress. As reported 60% of construction work of lower primary school building at Theng village is completed in the reporting period. Reinforcement work for second storey slab is in progress

During the reporting period construction works of Mani Lakhang in Theng, Gumpa Kitchen in Saffo and Gumpa Kitchen in Ramom has been commenced and the foundation work is in progress.



# Sahyog: Support-an-Aged Programme

In order to help the elderly people who might be in dire need of help for their survival, Bhavishya Bharat initiated Sahyog. It is a Support an Aged programme that envisages supporting the disadvantaged elderly people to live with respect and dignity.

In total, 18 elderly persons, including nine women from PVs have been supported through the Sahyog (Support an Aged). These elderly people receive monthly supply of ration and other essential with cash support of Rs. 200 every month. The table 10 shows the list of items supplied every month to the Sahyog beneficiary.



Table 9 Ongoing infrastructure works during the reporting period		
Project Village	Type of Work	
Singhik	Singhik Secondary School Hostel	
Singhik	Primary Health Service Center	
Theng	Renovation / Construction of school Building for lower primary school and addition of new rooms	
Theng	Renovation/ Construction of Mani Lakhang	
Saffo	Renovation/ Construction of Gumpa Kitchen	
Ramom	Renovation/ Construction of Gumpa Kitchen	



# **Social Development**



### **Social Awareness Activities**

### **Swachh Bharat Abhiyaan**

'Swachh Bharat Abhiyaan is a Government of India's flagship programme, a mission for a cleaner India, with the active participation and cooperation of citizens and all State Governments.

To outspread the campaign and to ensure proper hygiene and cleanliness in the project villages, Bhavishya Bharat in support with Panchayat and Community periodically conducting massive cleanliness drive. As a part of this programme, a series of activities such as focus group discussions, encouraging villages through screening of

advocacy films/documentaries health and hygiene, recognizing the volunteers from respective villages, assigning the task, supporting innovations/ traditional ideas on collecting the garbage etc. has been executed during the reporting period. Villages along with the students and public representatives actively participating the programme and supporting to keep village, streets and drains clean.

### **Eco-Friendly Dustbin**

A total of 65 Eco-friendly dust bins were placed to the stretch from Mangan to

Table 10 Ration Supplied to the Beneficiaries of Sahyog Programme in PVs		
Item	Quantity (for one person)	
Rice	8 kg	
Dal (Masoouri)	1Kg	
Mustard Oil	1Ltr	
Spices for cooking	Rs.70	
Bathing Soap	1	
Detergent	3	
Tooth Paste	1	
Pocket Money	Rs. 200	
Unit Cost	Rs. 800	



Chungthang were placed to facilitate the community and tourists to dispose the wastage and to keep the streets and villages clean. A system has been developed for periodical collection of garbage and maintenance of dustbin through Panchayat and village volunteers. The concept and the design of dustbin got appreciations from all the stakeholders.

Help the Needy

Help the needy initiative enables the children to participate in social development activities by donating a fist full of rice. It will be organized once a month in one of the knowledge centers. During the reporting period, help a needy programme organized in Singhik, Ramom, Safoo, Chungthang and Kazor villages. A total of 90 kgs of

rice collected by the children is donated to the Tarcon 33 Orphanage Home where children resides. It is not only helps the orphans, but creates a sense of social responsibility the children. The among community greatly appreciated the programme and providing their support for the activity.





# **Social Development**



# **Commemoration of Important Days**

significance of main celebrating the national and International days is to focus the attention of community on the topic and to encourage activities for their wellbeing. These events are planned across the project villages to widespread the advantages of The following important days celebrated during the reporting period.

# Celebration of National Youth Day

With the inspiration of Indian philosophy and thoughts Bhavishya Bharat celebrated "National Youth Day" on the occasion of the 153rd Birth Anniversary of Swami Vivekananda on 12 Jan 2016 at Singhik Panchayat Bhawan. Career counselling session was organised the students of Various schools of Singhik Chungthang, and The Mangan. resource persons were Superintendent of Police; North District, Joint Director, HRDD, Govt of Sikkim; Lt Colonel Dhiraj (Indian Army) a n d professionals of Team Bhavishya Bharat.

# Commemoration of International Women's Day

International Women's Day was observed on 08 March 2016 in Chungthang, North Sikkim with the theme of "Planet 50:50 by 2030; Step It



Up For Gender Equality". The day-long event observed to create awareness, align with "Beti Bachao Beti Padhao" (flagship programme of Govt. of India and Govt of Sikkim), Presentation on Gender Issue, Stalls with organic Products, Local Folk cultural programmes etc. The day was observed in close association, with Social Justice Empowerment & Welfare Department, Govt. of Sikkim.

Around 150 participants from Panchayats, Self Help Groups, ICDS officials, School teachers and students were represented the programme. The chief Guest of the Programme was Mrs Nermu Lepcha (Panchayat President, Chungthang GPU). The qualified students of the Usha Tailoring Centre were felicitated with Certificate of Merit.

### Global Hand Washing Day Celebrated in eight project villages

Keeping in view of "health is wealth" the Global Hand Washing Day was observed in the schools of 8 Project villages (Kazor, Singhik, Theng, Pegong, Chungthang, Safoo, Shipgyer, Ramom) on 15 October 2015.

Documentary screening, discussion & demonstration on universal precaution of Hand Washing was made in the program to increasing awareness and understanding about the importance of handwashing with soap as an easy,

Effective and affordable way to prevent diseases and save lives. Around 900 participants including students, school teachers, Panchayat members, Self Help Group members along with staff members of Bhavishya Bharat took part in the program. Hand Towels and Hand Washing Soaps were distributed to the participants.



Children's Day was celebrated across all the project villages at their respective knowledge centres on 14







# **Social Development**





November 2015. The program was intensified by integrating Fancy Dress competition among the students, Folk lore was presented before children by village granny's and motivational documentary films were screened. Panchayat members, Panchayat Secretary, Parents and members of WSHGs of villages respective were actively participating in the program. Students who won competitions were felicitated by prizes.

#### **World AIDS Day**

Commemorated World AIDS
Day on 01 December 2015
with a rally at Chungthang for
making the people aware and
unite to fight against HIV/
AIDS. SDPO-Chungthang,
Medical Officer of

Chungthang PHC, Panchayat President of the village, officials of M/s Teesta Urja Limited, villagers, officials from Bhavishya Bharat were present in the program. Around 150 participants joined in the rally.

# Recognition of Farmers on National Farmer's Day event

National Farmer's Day celebrated on 23 December 2015 at Singhik Panchayat Bhawan in memory of the birthday of eminent farmers' leader Late Shree Chaudhary Charan Singh. The day was observed with best Farmer's Award presenting ceremony the basis of their contribution in diversified and integrated farming method.

The three best farmers from



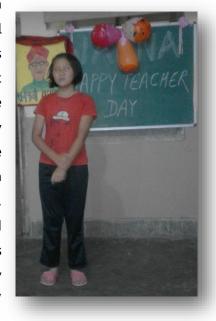
the villages, i.e. Ramom, Kazor and Singhik were felicitated with memento and certificates. Officials of Veterinary and horticulture departments, Govt. of Sikkim and officials of Spices Board, Govt. of India attended the program for technical session. Zilla of Singhik-Sentam Gram Panchayat was the Chief Guest. About 60 farmers attended at this event and were benefiting from the technical sessions of the resource persons. Exhibition Stalls were placed by the WSHGs from project villages with their organic products.

#### **Teachers Day Celebration**

Techers' day commemorated at Singhik Secondary School Hostel at Singhik with cultural and fun activities. Children participated enthusiastically and decorated the venue on their own to express their gratitude towards teachers.

#### **International Yoga Day**

As part of the worldwide observation of the International Yoga Day, 2015, Bhavishya Bharat in association with Singhik Secondary School Management has observed this day on June 22, 2015 at Singhik School with Secondary of "Yoga for Harmony and Peace". A Yoga practice session was organized in which students, teachers, villagers, Panchayat representative and Government officials participated enthusiastically and practiced various 'asanas' of Yoga and pranayama. A Yoga practitioner was invited various demonstrate Yoga postures and explain the right way of doing asanas.





## **Endorsements**

"Keep up the good work"



Shri Tshering Wangdi Lepcha

Hon'ble Minister, Govt of Sikkim
(Forest, Environment & Wildlife Management, Mines, Minerals & Geology and Science and Technology Departments)

"Please continue with such activities."



Shri Karma R.Bongpo District Collector North Sikkim

"It was a good effort to generate a w a r e n e s s amongst the needy public."



Shri Karma Sorjee SPO, North Sikkim, Disaster Management

"I must mention here that the sub Centre is doing its job efficiently because of dedicated team. I wish the sub Centre grow further and keep up the good work."



Shri Dr.R.N Deokota HoD, STNM Hospital, Gangtok

"I on behalf of HRDD North Sikkim would like to extend heartiest thanks for arranging such a valuable programme before the young Students."



Shri L D Sharma Deputy Director, HRDD, North District

"Bhavishya Bharat cooperated with us to make sure maximum participation of civilians for our community awareness programme regarding earthquake and landside."



Shri Pradgut Kumar Miller Inspector 2nd BN NDRF Kolkata

## **Appreciations**

Date: 27/02/2016

To,

**Bhavishya Bharat** 

**Sikkim Project Office** 

Singhik, North Sikkim

#### APPRECIATION LETTER

On behalf of entire beneficiaries of Shipgyer village I want to thanks Bhavishya Bharat for distributing 500 chicklets free of cost and giving awareness programme on poultry farming on 27/02/2016.

Well done and keep up the good performance!

13-Ship Gyer Ramom G.P.U.

zate: 29/3/2016

Bhaviehya Bhaxat Sittim Project Office Singhik, North Sittion

APPRECIATION LETTER

On behalf of farming communities of Ramon village I want to thanke Phankya Phasat for organizing awareners programme on management of hosticultural exops and programme on management of hosticultural exops and distribution of vegetable leads vie. Otra, dilli, bottle gowed, distribution of vegetable leads vie. Otra, dilli, bottle gowed, accomber tomato. The programme was very informative and it will definately benefited to our farming communities, and it will definately benefited to our farming communities.

Date: 19/03/2016

To,

**Bhavishya Bharat** 

Sikkim Project Office

Singhik, North Sikkim

#### APPRECIATION LETTER

On behave of farming communities and WSHGs members from Saffo I want to thanks Bhavishya Bharat for organizing awareness programme on management of horticultural crops and distribution of livelihood items like hand spray and seeds of vegetables (Okra, Chilli, Cucumber, Coriander, Bottle Gourd and Tomato). Programme was very informative and useful.

Well done and keep up the good performance!

Nima Tshering Lepcha

Passinguang paifo GPU

## **Appreciations**

Date: 24/12/2015

#### APPRECIATION LETTER ON FARMERS' DAY

I want to congratulate Bhavishya Bharat for successfully organizing Farmers' Day programme along with distribution of best farmer award on diversified and integrated farming system. Such programme will develop healthy competition among farmers' communities. The information shares by resource persons from different organization were very informative and it will definitely benefit to our farming communities. The exhibition stalls on organic products by WSHGs members were excellent.

Zilla

Singhik-Sentam Gram Panchayat

Songkit Espeha Zilla Member 10 Singhik G.F.J. Mangan, North Sikkim



## GOVERNMENT SECONDARY SCHOOL, SINGHIK

P.O. SINGHIK, VIA- MANGAN NORTH SIKKEM PRIN 737116.

Ref.No. - 260/SSS/N/15

Date - 12.10.2015

APPRECIATION LETTER

We the teachers, Students and School Management Committee (SMC) of Govt.Secondary School Singhik,North Sikkim are highly impressed with Bavashiya Bharat Foundation for providing logistic and academic help for the betterment of our educational system. We highly appreciate the noble initiative undertaken by them for the upliftment of society.

Govt. Sec. School Singhik Govt. Sec. School Singhik

North - Sikkim

Date: 16/01/2016

To,

Bhavishya Bharat

Sikkim Project Office

Singhik, North Sikkim

APPRECIATION LETTER

We the farming communities and WSHGs from Pegong and Theng are very much thankful to Bhavishya Bharat for organizing handhold training on preparation of organic manure. Various methods of preparation of organic manure for increasing yield, managements of diseases and pests and seeds treatment were demonstrated during the training. Training was very informative and useful. Besides that they have also distributed Madhyam free of cost.

Well done and keep up the good performance!

President / Secretary KUSONG REEP WSHG Pegong, North Sikkim

NG REEP WSHG Pegong, G

# National Youth Day at Singhik

#### Our Correspondent

MANGAN, January 13: A function to observe National Youth Day commemorating the 153rd birth anniversary of Swami Vivekananda was organised by Bhavishya Bharat at Singhik Panchayat Bhawan, North Sikkim on Tuesday.

During the function,

career counselling was provided to around 100 students of various schools of Chungthang, Singhik and Mangan. The resource persons were SP North, HRDD joint director and experts from the Indian Army and Bhavishya Bharat. Teesta Urja Limited had supported the programme.

# Women's Day celebrated at Chungthang



Women take out rally at Chungthang on International Women's Day.

#### Our Correspondent

MANGAN, March 9: Social Justice, Empowerment and Welfare department along with the ICDS centre of Chungthang celebrated International Women's Day Tuesday at Chungthang, North Sikkim.

To mark the day, a rally was carried out from Chungthang bridge to RMD department hall which was participated by women from different SHGs, Anganwadi workers, panchayat members and government officials.

Later at the main function,

the resource persons from different departments addressed on issues relating to women and their rights.

Panchayat president Nermu Lepcha was present as the chief guest.

Organic vegetables were displayed for sale by women Self-Help Groups.

A colourful cultural programme was also presented by Anganwadi workers and SHGs.

On the occasion two Anganwadi workers, Songmu Lepcha and Kessang Lepcha of Chungthang ICDS centre were felicitated.

# Veterinary camp at Safoo, Shipgyer



The vet camp in north district.

#### Our Correspondent

MANGAN, November 30: A two-day veterinary camp was held at Safoo and Shipgyer, north district by Bhavishya Bharat Foundation in association with the north district unit of Veterinary

treatment programme, a total of 79 cattle were treated by expert veterinary doctors. Awareness session was also conducted for cattle owners about the significance of livestock health. The veterinary team visited door to door for examining the cattle 'rearing conditions and

### Cattle treatment camps



#### Our Correspondent

MANGAN, December 30: Free cattle treatment camps were carried out by Bhavishya 5 Bharat NGO at Kazor and Singhik in North Sikkim on December 29 and 30 respectively.

The camps were held in association with Veterinary department, north.

A total of 70 cattle were examined and treated by

A rotal of 70 cattle were examined and treated by expert veterinary doctors. In addition, an awareness session also was conducted for cattle owners.

SIKKIM REPORTER, GANGTOK, TUESDAY, NOVEMBER 03, 2015



### Bhavishya Bharat organises comprehensive specialized health camp

Wangchuk Bhutia Mangan, Nov 2

Day long comprehensive specialized free health camp was conducted at Shipgyer Village in North Sikkim on 28 Oct 2015. The program was organised by Bhavishya Bharat a nongovernmental organization in association with Teesta Urja Limited org. Bhavishya Bharat has been working in the field of

inclusive development for bringing the quality of life of the community in Sikkim. As per the mandates of the organization a organization a comprehensive specialized health camp with specialist doctors (Dentist, Eye Specialist and General Physician) was organized! In total 89 patients were treated with medicines. Local Panchaval, members Local Panchayat members were also present in the



Our Correspondent

MANGAN, November 15: Bhavishya Bharat, a non-profit organization of Teesta Urja Ltd. organised Children's Day

Saturday at its Knowledge Saturday at its Knowledge Centres in eight project villages – Kazor, Singhik, Theng, Peygong, Chungthang, Ramom, Safoo and Shipgyer. The programe was included fancy dress competition among the students, presentation of folk lore by the grannies and

screening of motivational documentary films.

Panchavat members. Panchayat members, parents and members of WSHGs actively participated in the programme.

The programme was supported by the M/s Teesta Urja Ltd.

# SIKKIM EXPRESS

SIKKIM EXPRESS, FRIDAY, 25 DECEMBER, 2015, GANGTOK 2

#### NEWS

Farmers' day celebrated at Singhik

Our Corresponde

# Bhavishya Bharat ... in Pursuit of Excellence



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